

GOOD prediction

These patients are at least 80 years old with a SAFE score of 5, 6 or 7 at 3 days post-stroke, OR they are any age with a SAFE score less than 5 and TMS can elicit MEPs in their paretic upper limb at 3 – 7 days post-stroke.

- This patient is most likely to have a good upper limb outcome within the next 3 months.
- They can expect to be using their hand for most activities of daily living, though function may remain affected by slowness, weakness or clumsiness.
- Upper limb rehabilitation can focus on promoting function by improving strength, coordination and fine control, and minimising compensation.
- If patients have an initial SAFE score < 5, rehabilitation can initially focus on assisting the return of voluntary muscle activity.
- This prediction is based on the patient's current status, and is not a guarantee, as some people recover more or less than expected.

A version of this information has been given in written form and discussed with the patient (copy enclosed overleaf)

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